

9-30-2011

## Iowa State Daily (Gridiron 09-30-2011)

Iowa State Daily

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### Recommended Citation

Iowa State Daily, "Iowa State Daily (Gridiron 09-30-2011)" (2011). *Iowa State Daily, September 2011*. 24.  
[http://lib.dr.iastate.edu/iowastatedaily\\_2011-09/24](http://lib.dr.iastate.edu/iowastatedaily_2011-09/24)

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# GRIDIRON

Friday, September 30, 2011 →→ Iowa State vs. University of Texas →→ Kickoff at 6 p.m. Saturday →→ an Iowa State Daily sports supplement

## Lattimer: messing with Texas



Defense

# The embodiment of Cyclone football

*Lattimer takes leadership role on ISU defense*

By Jake.Calhoun  
@iowastatedaily.com

Jacob Lattimer is a success story of sorts.

The senior defensive end is not a flashy guy who does a celebration dance after each sack or tackle for loss he records out on the football field.

Rather, the long-haired Cyclone, who describes his style of play as “balls out,” has become synonymous with the blue-collar demeanor that has been adopted by the ISU football team.

“He is who we are,” said ISU coach Paul Rhoads. “He’s a blue-collar guy, he loves to work hard, he loves to play hard, he’s not flashy, he doesn’t have all these different pass rush moves and he’s not 6-foot-6 and so forth.

“He plays the game hard, he plays the game disciplined and guys around him feed off that.”

With time, the Fort Scott, Kan., native has become one of the leaders of a Cyclone defense that often has been touted as the workhorse of the team.

“[Lattimer] pretty much gets us going when Coach is not around, and he leads by example,” said freshman defensive end David Irving. “Some guys, they’ll tell you what to do and they won’t do it themselves, [but] he actually does it



File photo: Gene Pavelko/Iowa State Daily

**LATTIMER.p6 >>** Defensive back Jared Brackens and defensive end Jacob Lattimer celebrate during the Iowa game Sept. 10. Lattimer has emerged as a leader of the Cyclone defense.

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# Big 12 Power Rankings

	RK (LW)	Team	Record	Comment
	1. [--]	Sooners	(3-0, 1-0)	The Sooners lose a spot in the polls but not in our rankings. We saw some chinks in the armor against Missouri, but Oklahoma is still on the fast track to the National Championship.
	2. [--]	Oklahoma State	(4-0, 1-0)	The Cowboys overcame a 17-point halftime deficit for a convincing one-point win against Texas A&M to keep them comfortably in the No. 2 slot in the Big 12.
	3. [+1]	Baylor	(3-0, 0-0)	A stat that has everyone buzzing about Baylor: Quarterback Robert Griffin III has more touchdown passes (13) than he does incompletions (12) in the Bears' first three games of the season.
	4. [-1]	Texas A&M	(2-1, 0-1)	A bitter taste sits in the mouths of the Aggies as they dropped their conference-opening game against Oklahoma State. Texas A&M is still an elite force in the Big 12, though.
	5. [--]	Texas	(3-0, 0-0)	Junior quarterback Garrett Gilbert, who is out for the year following shoulder surgery, turns the offensive reigns over to sophomore Case McCoy, younger brother of former Hook 'Em Heisman candidate Colt McCoy.
	6. [--]	Iowa State	(3-0, 0-0)	The Cyclones stays in this position only because Missouri moves down. The toughest test to date comes Saturday against Texas. A win legitimizes this ISU team.
	7. [+2]	Kansas State	(3-0, 0-0)	The Fighting Snyder's halted Miami quarterback Jacory Harris at the 1-yard line with 49 seconds remaining, giving the Big 12 another impressive non-conference win.
	8. [-1]	Missouri	(2-2, 0-1)	The Tigers took a 14-3 lead against Oklahoma in the first quarter before the sleeping giant known as the Sooner offense awoke and rattled off 28 unanswered points en route to a 38-28 win.
	9. [-1]	Texas Tech	(3-0, 0-0)	The Red Raiders rode the proverbial "struggle bus" in beating Nevada, but there's nothing like a game against Kansas to cure what ails them.
	10. [--]	Kansas	(2-1, 0-0)	The Jayhawks needed a week of preparation before beginning Big 12 play against Texas Tech, which erased a 14-point deficit against Nevada to win by one last Saturday.

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# GRIDIRON PICKS

	No. 17 Texas vs. Iowa State	No. 8 Nebraska vs. No. 7 Wisconsin	No. 14 Texas A&M vs. No. 18 Arkansas	No. 3 Alabama vs. No. 12 Florida	No. 13 Clemson vs. No. 11 Virginia Tech	No. 15 Baylor vs. Kansas State	Kentucky vs. No. 1 LSU
Jeremiah Davis, sports editor (20-8) 	Texas — Mack Brown once coached at Iowa State. That does not mean he has fond memories of the Cyclones. He might run away forever if the Longhorns lose Saturday.	Nebraska — I was in Lincoln last weekend, and I was threatened twice by Bo Pelini: for not playing the mini-golf course fast enough, and for implying his rage will kill him.	Arkansas — The Razorbacks will give the Aggies a good glimpse at their future. Bets on how quick A&M begs the Big 12 to take it back?	Alabama — Where's Tim Tebow when you need him? Oh, that's right. Church. And in Denver.	Virginia Tech — Clemson beat an FSU squad that gave Oklahoma fits, but can they go into Blacksburg and win? I don't think so.	Baylor — No, Bill Snyder, your eyes aren't that bad (OK, maybe they are), Robert Griffin is in fact that quick.	LSU — Cannot deny that I'd be perfectly happy if we all got this one wrong.
Jake Calhoun, assistant sports editor (17-11) 	Iowa State — "Iowa State will never beat Texas in my lifetime." — Professor David Bulla last year the day before Iowa State beat Texas. But seriously, we miss you, Bulla.	Wisconsin — The lamb that Bo Pelini brutally sacrifices before this game won't do the Cornhuskers any good.	Texas A&M — Mike Sherman's players have finally stopped asking him what Brett Favre is like in person.	Alabama — Will Muschamp will get as red as Bo Pelini when the Crimson Tide rolls the Gators like the waves of Hurricane Saban.	Clemson — The Tigers looked impressive in taking down higher-ranked Florida State last week, but can they do the same on the road? I still like Dabo's chances.	Baylor — Bill Snyder's expedition of auditing retirement homes in Miami went better than expected, but RG3 will end his good mood ... That is, if Snyder can stay awake.	LSU — I always forget Kentucky is in the SEC.
Dan Tracy, senior sports reporter (20-8) 	Texas — UT nearly buried the Big 12 and they'll bury Iowa State if the Cyclones don't limit mistakes and score points early and often.	Wisconsin — Fun fact: "Jump Around" was actually written about the movement of Bo Pelini's forehead veins.	Texas A&M — Hog + Aggie = Hoagie. A&M's offense is bread for success, the Razorbacks' defense meats their maker Saturday and this pick was cheesy.	Alabama — Trent Richardson is the best player in the SEC since Tim Tebow, and Tim Tebow is the best human being in the world since Jesus.	Clemson — I know a certain Mr. Jantz is the favorite No. 2 in this town, but my favorite college player right now is Clemson true freshman wide receiver Sammy Watkins.	Kansas State — Drinks are on Billy Boy at the Manhattan Bingo Hall after the game.	LSU — I have no desire to watch Kentucky football unless 6-foot-3-inch, 288-pound former Wildcats quarterback Jared Lorenzen has some eligibility left.
Jake Lovett, editor in chief (22-6) 	Texas — If Steele Jantz pulls this one off, you'll see his statue going up outside Jack Trice Stadium within the week.	Wisconsin — Camp Randall Stadium will be loud enough, Taylor Martinez won't be able to hear Bo Pelini's yelling.	Arkansas — These two could soon rule the SEC. You know, when 'Bama and LSU stop being, well, 'Bama and LSU.	Alabama — This will be Gainesville's darkest day A.T. (After Tim).	Virginia Tech — Beamer's club is too tough in Blacksburg. Tigers aren't ready for two straight big wins.	Baylor — Bill Snyder is old enough to be RG3's great-great-grandfather.	LSU — This is my upset spec ... Haha. Did you see that? I couldn't even say it. No, but seriously, not even close.
Austen Arnaud, Guest Pick of the Week 	Iowa State — Tough environment for young QBs from UT, especially against a tough ISU defense. Whatever teams runs the ball better is the factor.	Wisconsin — Another shame on ABC for having this "Game of the Week" (LSU vs. WVU), Wisconsin has its way with a suspect Nebraska defense.	Texas A&M — A&M will establish the run early and often. Aggies will make the Hogs squeal Suuhh-WEEE.	Alabama — This game will be an old-school SEC defensive football game; tougher team in the trenches wins. Roll Tide.	Virginia Tech — First true road test for Clemson. It'll be a close one, but Tech wins. Beamer Ball (special teams) will be the difference.	Baylor — K-State will slow down RG3, but Baylor has too much offensive power in this conference opener. No place I HATE more than the Little Apple.	LSU — Kentucky's loss at home against UF was a bloodbath. Now they play LSU and next week South Carolina ... good luck. Is it basketball season yet?

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File photo: Gene Pavelko/Iowa State Daily

Jacob Lattimer attempts to block a pass in the Sept. 10 matchup against Iowa. Lattimer is a junior college transfer from Kansas who has solidified his spot as the starter at defensive end.

## >>LATTIMER.p2

himself, so it's pretty cool."

Lattimer's story of success has been rooted in his time as a junior college transfer, having to change positions to eventually step his way into a starting role at Iowa State after a big performance in one of the program's most iconic victories.

In the first start of his Division I career, Lattimer recorded seven total tackles — two of which were sacks for a cumulative loss of five yards, two of which were tackles for loss for a cumulative loss of 10 yards — and one forced fumble in the Cyclones' 28-21 victory against Texas last season, the first ever in program history.

"I was really amped up, excited to have my first start of my Division I college career,"

Lattimer said. "I play hard as I can every play, give it all effort until I'm completely drained and have to sub out."

The effort given by Lattimer against the Longhorns caught the attention of many, as he went on to be named Big 12 Defensive Player of the Week.

The 6-foot-3-inch, 247-pound defensive end hopes to emulate his effort against the Longhorns this time around, as Iowa State (3-0) hosts No. 17 Texas (3-0) at Jack Trice Stadium at 6 p.m. this Saturday.

Lattimer went on to start the Cyclones' four remaining games last season after the win against Texas, compiling 39 total tackles and 6.5 tackles for loss. He also led the team in sacks with four, making him a convincing choice to begin the 2011 season as a starter at de-

fensive end.

"He's one of those mad men out there," said junior linebacker Jake Knott. "He's going to go out there and he's going to give it everything every single game."

After transferring to Iowa State from Hutchinson Community College in Hutchinson, Kan., Lattimer eventually transitioned from his familiar position of strong-side linebacker to defensive end as part of a mutual agreement between him and the ISU coaching staff at the beginning of spring practice last season.

"A few games into [last] season, I was still kind of iffy about it," Lattimer said of playing defensive end. "After about the third game, I was really comfortable and I was way

LATTIMER.p7 >>

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File photo: Gene Pavelko/Iowa State Daily

Defensive end Jacob Lattimer, 48, lines up against Iowa in the Cyclones' 44-41 triple-overtime victory. Through three games this season, Lattimer has 12 tackles, eight of which are solo tackles.



File photo: Rebekka Brown/Iowa State Daily

Jacob Lattimer goes after UNI quarterback Tirrell Rennie during the game against Northern Iowa on Sept. 3. Lattimer and the Cyclones will take on No. 17 Texas at 6 p.m. Saturday at Jack Trice Stadium.

## >>LATTIMER.p6

more comfortable with a three-point stance than I was before."

Becoming one of the leaders of the ISU defense was also met with trouble for Lattimer, though.

Last March, Lattimer was arrested and charged with one count of assault of a peace officer and one count of interference of official acts in Campustown, which led to an indefinite suspension from the team.

"We are looked at differently compared to the general public," Lattimer said of being a leader on the football team. "Everyone makes mistakes, and I could wish and wish and go back to that day and take it back, but I can't."

Lattimer was reinstated in time for fall training camp in August, assuming his starting spot at defensive end in time for the Cyclones' season-opening 20-19 victory over Northern Iowa on Sept. 3.

Through three games this season, Lattimer

is tied for the second-most total tackles among defensive linemen on the team with 12 — eight of which are solo tackles — with 0.5 tackles for loss and two pass breakups.

However, Lattimer said he is frustrated with his play so far.

"Your worst critic is yourself, I think," Lattimer said. "The reason why I'm frustrated is that I feel like I could be making more of an impact than I have been."

"But we're doing great as a defense, so I shouldn't be dwelling on how I'm not doing as good. As long as we're doing great as a defense, then that's all that matters."

As for Saturday's Big 12 opener against Texas, Lattimer will try to shake his frustration with a repeat performance against a hungry UT team.

"If there's a guy who can't control him, he's going to be making big plays," Knott said of Lattimer. "Hopefully that happens this year, but he's going to give us 100 percent and I think he could have another really big game for us."



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# CYCLONES

Oct. 22 Texas A&M (Homecoming) Ames, Iowa TBA	Oct. 29 Texas Tech at Lubbock, Texas TBA	Nov. 5 Kansas Ames, Iowa TBA	Friday, Nov. 18 Oklahoma State Ames, Iowa 8 p.m.	Nov. 26 Oklahoma at Norman, Okla. 7 p.m.	Dec. 3 Kansas State at Manhattan, Kan. 11:30 a.m.
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## Editorial

# Texas game could be biggest ever for Cyclones

Three years and so far three signature wins for the ISU football team under third-year head coach Paul Rhoads. In 2009, it was an 9-7 win at Nebraska, last season a 28-21 road win at Texas and just 20 days ago a 44-41 triple-overtime win over in-state rival Iowa.

Putting aside the effect of how recent the Iowa win came, the most surprising of all three was the win against Texas in 2010.

The Cyclones (3-4) had been completely outplayed in the two weeks prior, a 68-27 home loss to Utah and a 52-0 shutout loss at Oklahoma. Texas (4-2) on the other hand entered the game following a rebound win at No. 5 Nebraska following losses to UCLA and Oklahoma.

Iowa State jumped out to a 28-6 lead and held off a late Texas comeback as players doused Rhoads in another YouTube sensation post-game celebration (See: 2009 win over Nebraska) and fans gathered at the Bergstrom Indoor Practice Facility awaiting the first ISU squad to beat Texas.

What followed for Texas was a 1-4 finish to the season, its first losing season since 1997 and no bowl invitation after a 13-1 season and national runners-up finish in 2009.

Did many people give the Cyclones a chance in Austin after being throttled by Utah and Oklahoma? Not many, if any. However, as the two teams prepare to square off this Saturday in Ames, Iowa State won't be flying under the radar.

What was a game between a 3-4 and 4-2 team in 2010 will now be one of six matchups in college football this weekend that pits undefeated BCS conference opponents against each other as both teams are 3-0. Both teams are also coming off of bye weeks during which they were able to rest key injured players as they gear up for the Big 12 Conference schedule.

The Longhorns enter the game ranked as the No. 17 team in the nation, but the Cyclones are knocking on the door of a top 25 ranking. Iowa State hasn't been ranked since week four of the 2005 season, two weeks after beating No. 8 Iowa 23-3. That was the last time Iowa State beat a ranked team in Jack Trice Stadium, another accomplishment that lies ahead for the cardinal and gold on Saturday.

Coming into the season, hardly any — including us — prognosticators had Iowa State undefeated going into Texas. But now, 4-0 isn't far out of the realm of possibility.

The last time Iowa State started a season 4-0? The 2000 season in which the Cyclones went 9-3 (5-3 Big 12) and finished third in the Big 12 North behind only No. 9 Kansas State, 11-3 (6-2 Big 12) and No. 8 Nebraska, 10-2 (6-2 Big 12).



Photo: Darren Abate/The Associated Press  
Texas coach Mack Brown complains to officials during the first half of last year's game against Iowa State in Austin, Texas.

Not to over-hype, but this very well could be one of the biggest games ever for the ISU football program.

According to a news release from the ISU athletic department, the game Saturday is a sellout, which marks the third in a row at Jack Trice Stadium, something that's never been done before. The department also said the three-game attendance record will likely be shattered, the previous best being approximately 154,000.

They anticipate that number hitting 166,000 after the Texas game.

On top of that, the Cyclones could legitimize their 3-0 start and quiet, at least for a time, many critics and people who couldn't ever consider Iowa State as being in Texas' league.

Even Texas didn't have much respect for Iowa State before last year. In all, 24 players on the roster from the state of Texas, and 131 total, weren't recruited by Texas in any fashion. If last year was a "look at us now" game for those players, then this year could be the exclamation point at the end of that sentence.

Excitement surrounding this team has not been higher in quite some time. If Iowa State beats Texas on Saturday, you'll see a bigger party than any Weishea has ever seen.

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# Iowa State vs. Texas

# All-time

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17	Austin, Texas	9
	Oct. 3, 1998	
54	Austin, Texas	33
	Oct. 30, 1999	
44	Ames	41
	Oct. 26, 2002	
21	Austin, Texas	10
	Oct. 18, 2003	
40	Ames	19
	Sept. 23, 2006	
37	Austin, Texas	14
	Oct. 13, 2007	
56	Ames	3
	Oct. 23, 2010	
21	Austin, Texas	28



Players to watch: Iowa State



File photo: Tim Reuter/Iowa State Daily  
Quarterback Steele Jantz hands off the ball to running back James White against Northern Iowa. Jantz rushed for 80 yards in the game.

QB 2 Steele Jantz

Junior, 6'3", 224 pounds  
Passing: 61-106 comp., 666 yards, 6 TD, 6 INT  
Rushing: 39 att., 112 net yards, 2.9 avg, 2 TD



File photo: Gene Pavelko/Iowa State Daily  
Linebacker Jake Knott celebrates after a tackle against Northern Illinois on Sept. 3. On the season, Knott has 33 total tackles, 21 solo and 12 assisted.

LB 20 Jake Knott

Junior, 6'2", 243 pounds  
2011: 33 total tackles (21 solo, 12 ast)  
3.0 TFL - 3 yards lost, 1 FF, 1 fumb. rec



Players to watch: Texas



Photo courtesy of Lawrence Peart/The Daily Texas  
Freshman running back Malcom Brown runs the ball in a 49-20 win against UCLA on Sept. 17 in Pasadena, Calif. Brown ran for 110 yards and one touchdown on 22 carries.

RB 28 Malcolm Brown

Freshman, 6', 217 pounds  
Rushing: 52 att., 264 net yards,  
5.1 avg, 1 TD, 88.0 avg/G



Photo courtesy of Lawrence Peart/The Daily Texan  
Senior linebacker Emmanuel Acho sacks UCLA quarterback Richard Brehaut on Sept. 17 in the Longhorns' win against UCLA. Acho has one sack on the season.

LB 18 Emmanuel Acho

Senior, 6'2", 245 pounds  
2011: 33 total tackles (13 solo, 20 ast),  
4.0 TFL - 7 yards lost, 1.0 sack - 2 yards lost



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## Family Weekend

# Committee names Larsons 2011 Cyclone Family of Year

By Katherine Klingseis  
 @iowastatedaily.com

The Larson family of Newton has been named the Cyclone Family of the Year.

"I'm very humbled by the award," David Larson said.

David attended Iowa State as an undergraduate student and earned his doctorate in veterinary medicine in 1977.

"I'm grateful for what Iowa State has done for me," he said.

David and his wife Diane have three daughters, all of whom attended Iowa State.

"My daughters were brought up that Iowa State was the place to go," David said. "They understand where my wife's and my loyalties are."

David and Diane's daughters are, from oldest to youngest: Carrie, Stephanie and Angie. At Iowa State, Carrie earned her bachelor's and master's degrees in accounting. Stephanie and Angie are both current ISU students. Stephanie is a fourth year student in veterinary medicine, and Angie is a first year graduate student in food science.

"We grew up around Iowa State. Our parents were such avid fans," Angie said. "I always wanted to go to Iowa State."

Angie said she and Stephanie had applied for the Cyclone Family of the Year award in the past and had not been chosen to receive it. She said they decided to apply for the award because of their family's loyalty to the Cyclones.

"We felt that we were such huge Cyclones fans and it was such a huge part of our lives," Angie said. "We felt that we always have been around Iowa State and we were deserving of the award."

Angie said that, in order to apply for the award, each family must write an essay and go to an interview. This year, Angie and Stephanie decided to go to the interview together.

"My sister and I were comfortable since we had such common ground with the interviewers," Angie said. "We just of kind of had some random conversations about Iowa State, like from the 90s."

In late April, the week before her graduation, Angie was notified that her family would be the 2011 Cyclone Family of the Year, she said.

"I was surprised and excited and honored to be picked out of all the families," Angie said.



Photo courtesy of Angie Larson

The Larsons have been named the 2011 Cyclone Family of the Year. In front, Eric James, Diane Larson and David Larson. In back, Carrie James, Angie Larson and Steph Larson.

Angie explained that she only told her sisters, not her parents, about receiving the award.

David said he didn't know that his daughters applied for the award until his family received it. He said his daughters presented the award to him and his wife when their family was at Aunt Maude's celebrating Angie's graduation.

"We were giving Angie all her graduation presents, and they handed one to Diane and myself," David said.

The present was an ISU picture frame with a certificate announcing the Larson family as the 2011 Cyclone Family of the Year, David said.

"It took about 30 seconds to sink in for what it meant," David said. "I knew it was a big deal. I was like, 'Is this for real?'"

During family weekend, the Larson family intends to travel to Ames and spend time with extended family, Angie said. She said her family will also be announced as the Cyclone Family of the Year at halftime of the Iowa State - Texas football game.

In addition to attending family weekend events, David also has a fraternity reunion, he said.

"A bunch of old friends are flying in," David said. "It's going to be fun, a lot of fun."

## Family Weekend Events

### Friday

- **Kick Off**  
2 to 5 p.m.  
MU West Terrace
- **Iowa State Parents' Association Social Hour**  
5:30 to 7 p.m.  
MU Sun Room  
Free with cash bar
- **Mission IMPROVable**  
7:30 and 9 p.m.  
MU Great Hall  
Ticketed event

### Saturday

- **Cyclone Trivia**  
11 and 11:45 a.m.  
MU Sun Room  
Free
- **Dance Marathon Event**  
11 a.m. to 2 p.m.  
MU Sun Room  
Free
- **MU Underground**  
1 to 3 p.m.
- **Cyclone Family Weekend Tailgate**  
3:30 p.m.  
Jack Trice, Tent 29  
Ticketed event





Photo courtesy of Thinkstock

## Best-Ever Potato Salad

- 4 hard-cooked eggs
- 4 medium russet potatoes, diced and boiled until tender then cooled
- 1/4 cup chives, diced
- 1/3 cup mayonnaise
- 1/4 teaspoon salt
- 1/4 teaspoon pepper

1. Put the eggs in a mixing bowl and mash with a fork, add salt, pepper and mayo, mix well.  
2. Gently stir in chives and potatoes. Refrigerate for at least two hours and enjoy.

## The 'Best-Ever Potato Salad'

By Lauren Ingebrand  
AmesEats Flavors Writer

Mayonnaise salads make great tailgating side dishes. They are easy to make ahead of time and will travel well in a sealed container. Emma Grinde, junior in culinary science, described one of her favorites. "I'm not the world's biggest fan of potato

salad, but my great aunt Roxie's potato salad is something special," she said.

"When I asked my great aunt for the recipe, she told me it is more of a method than a recipe, not giving measurements but just recalling the ingredients," she said.

Grinde's aunt keeps her recipe simple and doesn't clutter the

recipe with complicated ingredients. Just some chives and a little salt and pepper is all the potatoes need. Even without mustard, the potato salad has a "beautiful pale yellow color," Grinde said.

Thanks to Grinde this recipe has been decoded and recorded, so now we can all enjoy the "Best-Ever Potato Salad."

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Photo: Claire Powell/AmesEats Flavors

## Cyclone kabobs

- 3 red bell peppers
- 3 yellow bell peppers
- 1 1/2 pound meat of your choice: chicken, steak or shrimp
- Bamboo or metal skewers

1. Heat a grill to medium. Meanwhile, slice up the bell peppers so they are in bite-size pieces. Drizzle with olive oil and salt and pepper.
2. Cut your meat, except for shrimp, into about the same sized pieces as the peppers. Try marinating chicken and/or shrimp in your favorite barbecue sauce.
3. Slide vegetables and meat onto the skewer, alternating the red and yellow peppers.
4. Place on the grill and enjoy when fully cooked.

Tip: If you are using bamboo skewers, make sure you soak them in water before. This ensures that they won't catch fire on the grill.





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